

# **Mounts Bay & Penzance Sailing Clubs**

## **Mid-Bay Series 2017**

### **SAILING INSTRUCTIONS**

#### **1. RULES**

1.1 Racing will be governed by the Racing Rules of Sailing (RRS), the prescriptions of the RYA, the appropriate class rules and these Sailing Instructions. In the event of a conflict between documents, these Sailing Instructions shall prevail.

#### **2. NOTICES TO COMPETITORS**

2.1 Notices to competitors will be posted on the official notice boards located in the MBSC Dinghy Pen and in the porch of the PZSC Clubhouse.

#### **3. CHANGES TO SAILING INSTRUCTIONS**

3.1 Any change to the sailing instructions will be posted at least two hours before the scheduled starting time of the first race on the day it will take effect.

#### **4. SIGNALS MADE ASHORE**

4.1 Signals made ashore will be displayed on the flag poles in the MBSC Dinghy Pen and at PZSC Clubhouse.

4.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 30 minutes" for the race signal AP.

#### **5. SCHEDULE OF RACES**

5.1 There will be 2 races scheduled for each day which shall be sailed back to back. Any change to the Schedule of Races will be posted in accordance with SI 3.1.

5.2 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

#### **6. CLASS FLAG**

6.1 For all races, the warning signal will be IC flag H.

#### **7. COURSES**

7.1 Courses will be set in Mounts Bay, approximately mid-way between St Michael's Mount and Penzance Harbour.

7.2 The first race of the day will be a windward/leeward course. (Marks 1 – 3 – 1 – 3 etc.)

7.3 The second race of the day will be a triangle/sausage course. (Marks 1 – 2 – 3 – 1 – 3 – 1 – 2 - 3 etc.)

7.4 All marks are to be rounded to port.

7.5 Mark 3 (the turning mark) shall not be a mark of the course on the first windward leg. Mark 3 shall be a mark of the course on the final leg.

7.6 The number of laps to be sailed will be displayed on a board on the Race Committee vessel before the warning signal for each race.

## **8. MARKS**

8.1 The usual club sailing marks will be used by each club. Details of the marks being used will be posted on the official notice boards in accordance with SI 2.1.

## **9. THE START**

9.1 Races will be started in accordance with Rule 26.

9.2 All classes will start together (a mass start).

9.2 A boat starting later than 3 minutes after her starting signal will be scored Did Not Start without a hearing. This changes rules A4 and A5.

9.3 The starting line will be between a mast displaying an orange flag on the Race Committee vessel, and the starting mark.

9.4 The starting line will be to leeward of Mark 3.

9.5 The individual recall flag will be displayed for up to one minute after the starting signal. In the event of an individual recall, the sail number(s) will be hailed if possible. This changes rule 29.1.

## **10. CHANGE OF THE NEXT LEG OF THE COURSE**

10.1 Marks may be moved after the start, without notification, to maintain a good course. This changes rule 33.

## **11. THE FINISH**

11.1 The finishing line will be between a mast displaying a blue flag on the Race Committee vessel and Mark 3.

## **12. TIME LIMITS**

12.1 There will be a target time of 45 minutes for the first boat to finish each race. A time limit of 90 minutes will apply to each race. The target time and time limit may be adjusted if there is a change in the Schedule of Races.

12.2 Boats failing to finish within 20 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. However, after the first boat has finished a race, the Race Committee may, at their discretion, finish other boats at any mark or point on the course. This changes RRS 35, A4 and A5.

## **13. PROTESTS & REQUESTS FOR REDRESS**

13.1 Protests and requests for redress shall be delivered to the Beachmaster or Sailing Secretary of either club no later than 2 hours after the last boat has finished the last race of the day. This changes rule 61.3.

## **14. SCORING**

14.1 The low points scoring system of RRS Appendix A will be used.

14.2 The minimum number of starters to count for points in any class race will be two.

14.3 When 8 races have been completed, a boat's series score will be the total of her race scores excluding her worst two scores. When 7 races have been completed, a boat's series score will be the total of her race scores excluding her worst score. When 6 or fewer races have been completed, a boat's series score will be the total of her race scores. This changes rule A2.1.

## **15. DECLARATIONS**

15.1 Competitors shall sign in to indicate an intention to race before racing.

15.2 Competitors shall sign off upon return to shore declaring that they have completed the race(s) in accordance with the rules or have retired.

15.3 The time limit for signing off shall be 90 minutes after the last boat has finished the last race of the day.

15.4 If a competitor fails to sign on or off in person, they shall incur a scoring 20% penalty for the corresponding race or races.

## **16. SAFETY REGULATIONS**

16.1 A boat that retires from a race shall notify the Race Committee vessel or a Safety Boat before proceeding ashore.

16.2 Personal flotation devices shall be worn at all times when afloat. Flag Y will not be displayed. Failure to comply with this rule by any competitor will result in disqualification without a hearing. This changes rule 40.

16.4 When the Race Committee considers that a boat, its equipment or crew are not adequate for the existing or anticipated conditions, or that a boat or crew member is in difficulty, it may instruct the boat or crew not to launch, or to retire or to sail ashore or to accept outside help. The boat and crew shall comply with such instructions without delay.

## **17. RISK STATEMENT**

Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;

b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;

c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;

d) Their boat is in good order, equipped to sail in the event and they are fit to participate;

e) The provision of a race management team, patrol boats, umpires and other officials and volunteers by the organiser does not relieve them of their own responsibilities;

f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;

g) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event;

h) Their boat is adequately insured, with cover of at least £3million against third party claims.

**APPENDIX**

