SAILING INSTRUCTIONS
MID-BAY RACES
MOUNT'S BAY S. C. and PENZANCE S. C.

1. RULES

Racing is governed by the rules as defined in the current ISAF Racing Rules of Sailing (RRS), the prescriptions of the RYA, any appropriate class rules and these Sailing Instructions. In the event of a conflict between documents, these Sailing Instructions shall prevail.

2. **NOTICE TO COMPETITORS**

Notices to competitors will be posted on the official notice boards located near the Race Office in Mount's Bay Sailing Club Dinghy pen and in the Porch of Penzance Sailing Club Clubhouse.

3. **CHANGES TO SAILING INSTRUCTIONS**

A change to sailing instructions will be signalled by flag 'L' displayed ashore. Such a change will be posted as a Notice to Competitors at least two hours before the scheduled starting time of the first race on the day it will take effect.

4. **SIGNALS MADE ASHORE**

Signals made ashore will be displayed at a flagpole in the Mount's Bay Sailing Club Dinghy Pen and at the Penzance Sailing Club Clubhouse flagpole.

5. SCHEDULE OF RACES

Saturday 4th June 2016, Two Races back to back. Warning signal for first race at 1425hrs. Penzance S.C. to run.
Other dates to be confirmed.

6. CLASS FLAG

For all races the WARNING signal will be **I.C. flag H**

7. RACE SIGNALS

All race signals including the number of rounds will be displayed from a Committee Boat displaying an ORANGE flag.

8. THE COURSES

8.1 Only ONE course will be set for each race.

8.2 The first race of the day will be a Windward / Leeward course. (Marks 1 and 3) The second race of the day will be the old Olympic course ie;-

Triangle - Sausage - Triangle. In each case the number of rounds will be displayed from the Committee Boat. (Marks 1 - 2 - 3 - 1- 3 etc)

8.3 All marks are to be rounded to port.

8.4 The turning mark (Mark 3 on course diagram. Appendix 1)) is to be disregarded on the first leg. It is a mark of the course on the final leg.

9. MARKS

Details of marks to be used are to be published on club websites two days before the event and on club notice boards as per SI No.3 on the day of the event.

10. THE START

10.1 All classes will start together (Mass start). The warning signal will be 5 minutes before the published start time. Rule 26 will be used for all starts ie;- 5 - 4 - 1 - 0.

10.2 The start line will be between a staff displaying an orange flag on the Committee Boat and a line Buoy. The first mark of the course will be to windward of the Committee Boat.

10.3 A boat starting later than three minutes after the starting signal will be scored Did Not Start without a hearing. This changes RRS A4

10.4 Individual recall (4 minutes) is replaced by ONE minute. In the event of an individual recall the sail number or numbers will be hailed if possible. This amends RRS 29.2

10.5 A general recall will be as RRS 29.2

11. CHANGE OF THE NEXT LEG OF THE COURSE

Marks may be moved after the start, without notification, to maintain a good course. This amends RRS 33.

12. THE FINISH

12.1 The finishing line will be between a staff displaying a blue flag on the Committee Boat and the Turning Mark. (Mark 3 of the course)

12.2 If a shortened course is signalled, boats shall finish at the end of their current round. Boats may be finished earlier in accordance with RRS 32.2a. This amends RRS 32.2.

13. TIME LIMITS

13.1 Boats failing to finish within 30 minutes after the first boat in their class sails the course and finishes may be scored Did Not Finish without a hearing. Alternatively, at the discretion of the OOD, these boats may be

awarded the places they were holding at the time. This amends RRS 35 and A4.

13.2 When a race is becoming prolonged, IC Flag ‘L’ over ‘H’ may be displayed, accompanied by two sound signals, to indicate that the positions of all boats racing will be taken as their finishing positions. Boats will be notified by the Safety Boats and shall return ashore or back to the Committee Boat for a new Start.

14 DECLARATIONS

14.1 Competitors shall sign on indicating an intention to race before racing.

14.2 Competitors shall sign off upon return to shore declaring that they have completed the race in accordance with the rules or have retired.

14.3 The time limit for signing off shall be 90 minutes after the last boat has finished the last race of the day.

14.4 If a competitor fails to sign-on or sign-off in person, they shall incur a 20% penalty added to their score for the corresponding race or races.

15 PROTESTS AND REQUESTS FOR REDRESS

Protests and requests for redress shall be delivered to the Beachmaster or Sailing Secretary at either organising club no later than two hours after the last boat (of any class) has finished. This amends RRS 61.3.

16. SCORING

16.1 The Low point system of RRS Appendix A will apply.

16.2 The minimum number of starters to count for points in any Class Race will be two.

16.3 Six (6) or less if less races are sailed will count for the series. If Eight (8) races are sailed there will be two discards.

16.4 Points are awarded to boats and not to helms / crews.

16.5 Claims for average points will only be accepted for up to two races for persons helping in rescue boat or race management duties.

17. SAFETY REGULATIONS

17.1 Every owner / competitor warrants the suitability of his boat for the race or races in which it competes.

17.2 Adequate personal buoyancy shall be worn by all crewmembers at all times while afloat. I.C. Flag ‘Y’ will not be displayed. Anyone not

complying with this rule will be disqualified without a hearing. Wetsuits do not constitute adequate personal buoyancy. Inflatable type buoyancy aids will not be considered adequate unless inflated fully. This changes RRS 40.

17.3 Every boat is advised to carry a rope suitable for towing that is not less than 10 metres in length and 6mm in diameter.

18. DISCLAIMER OF LIABILITY

Competitors participating in the racing programme entirely at their own risk (See RRS 4. Decision to Race in NOR). The race organisers shall not be liable for any loss, damage, death or personal injury howsoever caused to the owner / competitor, his skipper or crew, as a result of their taking part in a race or races.

19. INSURANCE

Each participating boat is required to hold adequate insurance and in particular to hold insurance against third party claims in the sum of at least £ 3 million.

20. RISK STATEMENT

Rule 4 of the Racing Rules of sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
e) The provision of a race management team, patrol boats, umpires and other officials and volunteers by the organiser does not relieve them of their own responsibilities;
f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances; and
g) Their boat is adequately insured, with cover of at least £3 million against third party claims.

APPENDIX 1

Mark 1

Mark 2

Mark 3

Start and Finish area with Committee Boat